

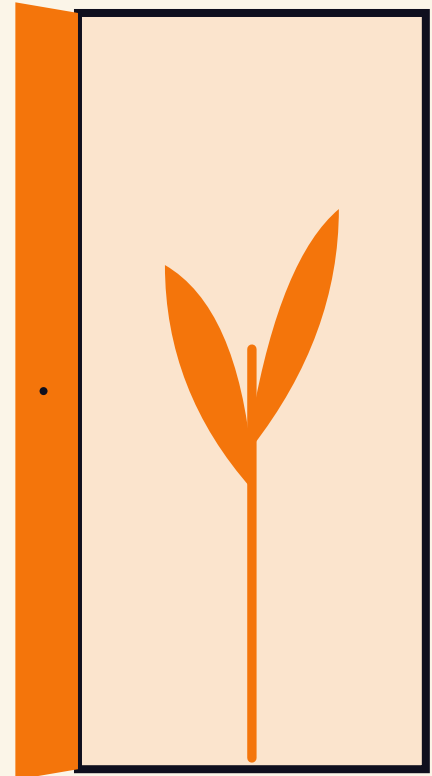


School of *Elderly*

THE COMPLETE CURRICULUM

44 guides.
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A complete digital literacy curriculum for elderly Indians. Every guide is short, simple, and step-by-step. Learn at your own pace. Skip what you don't need.



44

step-by-step guides

10

topic tracks

5-10

minutes each

100%

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WHAT'S INSIDE

**Pay bills with UPI. Spot OTP scams. Book trains. Talk to a doctor.
Send WhatsApp messages. Use Google. Order food. Make a slideshow.
Backup photos. Write letters in Word. Try AI. Stay safe online.**

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01

Smartphone basics

Master your phone first

- Phone settings basics
- Typing & voice input
- WhatsApp basics
- Google search
- Installing apps safely

02

Daily-life apps

Pay. Order. Book.

- UPI overview
- Sending money on UPI
- QR code payments
- Booking cabs
- Ordering food online
- Online groceries
- Ordering medicines
- Paying bills online

03

Travel & appointments

Trains, flights, doctors

- Booking train tickets
- Booking flights
- Doctor video calls
- Using Maps

04

Entertainment & social

Stay connected, entertained

- YouTube basics
- WhatsApp video calls
- News apps
- Devotional content

05

Banking & government

Manage finances, access services

- Net banking basics
- Aadhaar online
- DigiLocker
- Government schemes

06

Health & wellness tech

Track health, consult specialists

- Health tracker apps
- Online doctor consultation
- Online lab tests

07

Online safety

Spot scams. Stay safe.

- Spotting OTP fraud calls
- Other common scams
- Fake delivery & SMS scams
- Strong passwords

08

Computer basics

From mouse to printing

- Using a mouse
- Keyboard basics
- Files and folders
- Using a web browser
- Printing documents

09

Office software

Word, Excel, PowerPoint

- Writing letters in Word
- Household budget in Excel
- Making slideshows

10

Advanced & AI tools

Email, AI, shopping, photos

- Using email (Gmail)
- Talking to AI assistants
- Online shopping
- Photo backups